

CCERAP Presents : NEXT FREE TRAINING IN AURORA, COLORADO  
**TWO Trainings: “Dementia 101 and Medicare 101”**  
**Thursday, September 26, 2019**

**When:** Thursday, September 26, 2019 - Sign-in 8:30 am - Training 9:00 am – 11:00 am

**Where:** Aurora City Hall, City Council Chambers, 15151 E. Alameda Pkwy. Aurora, CO  
(No refreshments are allowed in City Council Chambers)

**Professional development CEU's are available  
To Register for Training Online:**

<https://www.eventbrite.com/e/dementia-101-reducing-your-risk-medicare-101-the-basics-tickets-70530397317?aff=ebdssbdestsearch>

**9-10 am - “Dementia 101: Reducing your Risk”**

**Presented by:** JJ Jordan, Dementia Friendly Denver, CEO Jordan Consulting Group

**Overview:** Dementia Friendly Denver is an affiliate of Dementia Friendly America, a not for profit, volunteer based initiative announced at the White House Conference on Aging in 2015, whose mission is to make communities across the nation more dementia friendly, reduce dementia stigma, and improve the quality of life for those living with Alzheimer’s disease and other dementias and their family care partners.

Dementia Friendly Denver offers a one hour dementia education program at no cost to government, business, academic, community and faith groups throughout the Denver area.

**Topics include:**

- What is the difference between dementia and Alzheimer’s disease?
- What are the most common types of dementia?
- What are the warning signs for dementia?
- Cognitive issues might not be dementia
- How to get a dementia diagnosis
- Dementia communication tips
- Caregiver challenges and self-care
- Community resources available
- How we can make communities more dementia friendly
- The latest promising research updates
- Twelve things you can do at any age to reduce dementia risk or delay onset

*Continued on next page*

# 10am-11am “Medicare 101: The Basics”

Presented by: **Kathy Madden**, Colorado Dept of Regulatory Agencies, Insurance Division

**Overview:** Kathy Madden works for the Colorado Department of Regulatory Agencies, Division of Insurance and has been the SHIP/SMP Partners Services and Training Manager for the past 6 years. She has spent most of her career training all over the country on a variety of topics in the human services realm. She has experience and knowledge about Medicare, Medigap, Medicare Advantage, and Medicare-related topics. Kathy is passionate about advocating for seniors and understands that consumer education is key to beneficiaries making informed Medicare decisions, and preventing fraud and abuse within the Medicare program. She is excited and honored to help consumers, stakeholders and partners navigate the complex Medicare system.

**Topics include:**

- Medicare Basics
- Medicare Parts A & B Enrollment Periods
  - Late enrollment periods
- Medicare Part C - Optional Choices
  - Medicare Advantage Plans
  - Medigap
- Medicare Part D Prescription Drug Coverage
  - Formularies/ Restrictions/ Donut Hole
  - Enrollment periods
- Medicare Annual Enrollment Period
- Help with Medicare Costs
- Medicare/ Medicaid

## REGISTER HERE USING Eventbrite:

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### More information ...

All CCERAP trainings and materials are FREE

**Caregivers and Professionals Who Should Attend:** Social work practitioners, medical, psychologists and mental health, legal/judicial, law enforcement officials and personnel, home care placement agencies, court-appointed guardians and conservators, community-center board staff and clergy. All of the above – whether paid or unpaid.

**Colorado Coalition for Elder Rights and Abuse Prevention (CCERAP)** CCERAP promotes statewide understanding of elder and at-risk adult abuse and the rights and protections available to elder and at-risk adults. CCERAP programs include free quarterly trainings. Videos of the trainings, PowerPoints and videos used by training presenters, quarterly newsletters and resources are posted on our website [www.ccerap.org](http://www.ccerap.org).

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