



July 2016

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 303-470-0438

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 720-353-3775

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 303-432-2311

Secretary
 Karin Hall
 303-794-0799

Immediate Past President
 Michael Drake
 303-862-8555

Board Members at Large

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 303-233-3122

Seth Greiner
 720-369-1665

Jeanette Hensley
 303-249-5598

Rich Mauro
 303-480-6778

Harvey McWhorter
 720-275-5746

Anne Meier
 303-722-0300

John Stoffel
 303-757-6302

**ANNUAL SUMMER SOCIAL
 & BUSINESS MEETING**

AUGUST 20 *See details on Page 7*

The Colorado Senior Lobby's annual summer social is an important event for all to attend. This is when we pay homage to legislators that exhibited an understanding of the impact of the aging population on the state budget.

Our organization has a long and proud history of activism at the State Capitol. Members of the Board and participants in the Legislative Committee have been influential in advocating on behalf of seniors — especially those most in need.

The new additions to the Board are committed to continuing this heritage; working to build an even stronger organization, and increasing our presence at the Capitol. With the accelerated aging of the state's population, the challenges are immense. (The 80+ population doubles by 2031.) Because funds are always limited, there is a clear directive for the State to do more with less.

We look forward to seeing you on August 20th! This is an excellent opportunity to have your voice heard. We are pleased to honor six key legislators from the 2016 session:

We will be honoring 6 legislators

***Senators Kefalas & Martinez Humenik,
 Representatives Coram, Danielson, Ginal & Landgraf***

We will also present a lifetime achievement award to:

Senator Pat Steadman

Most of these legislators will be in attendance. There will be ample opportunity for questions and input to these key legislators for their vision for the state to prepare for the aging population, a happening that is already underway.

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Karin Hall 303-794-0799

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ANNUAL SUMMER SOCIAL and Business Meeting AUGUST 20

Election of directors:

Two year term re-election of current directors

Bob Epstein — Chairman and Director

Ed Shackelford — President and Director

Michael Drake — Immediate Past President and Director

Rich Mauro — Chairman Legislative Committee and Director

John Stoffel — Director

One year term: current director

Anne Meier

Two year term: new directors

Christina Johnson

Kelly Horton

Kip Bishop

Current directors starting 2nd year of their term

Harvey McWhorter — Director

Jeanette Hensley — Director

Karin Hall — Director

Ky Agnew — Director

Seth Greiner — Director

We don't anticipate any other business to be considered; but, we always welcome any discussion or suggestions relating to the Senior Lobby and its activities.

Christina Johnson: I have been active in Social Justice issues most of my adult life. I grew up in Southern California, and attended The University of Redlands in California and then transferred to George Washington University in Washington D.C. where I graduated in 1968 with a major in Sociology and Drama. I have worked as an activist for Women's Rights and anti-war organizations throughout the sixties and seventies. After a car accident in 1976 that resulted in a significant head injury, I became active in the Disability Community, and worked for several non-profits in Denver. Working with others, I founded The Colorado Cross-Disability Coalition in the late 1980's. CCDC is still active working to protect the civil rights for people with all disabilities. From 1996-2002, I served on The Mental Health & Advisory Council, which reviewed programs and policies for Colorado. In 1996 I was appointed to the Governor's Council for Disabilities, and served as chair in 1998. In 2014, I was selected to represent CD 7 for The Colorado Commission on Aging, and chaired the Public Policy Committee this past legislative session. I also represent the Commission and the community at the Older Coloradans Workgroup, which provides input from the community to policy makers and others who develop and review programs & services for Elders in Colorado. My background and interest in political activism resulted in my involvement with the Colorado Senior Lobby Legislative Committee this past year. I have also been on the board for CCDC, Domestic Violence Initiative and Atlantis.

Kelley Horton: is a Dementia Care Consultant and the Founder/President of Dementia Connections Coalition. Over 20 years ago, having assisted in the care of her grandmother who was diagnosed with Alzheimer's, she entered the Aging industry. She has worked in a variety of areas including, ALF's, SNF's, ILF's, Home Care and Hospice.

As a certified Personal Historian, she has found that those with advanced dementia want to feel they matter, and still have value. Utilizing Person Centered Dementia Care® and Validation Therapy approaches, she is able to communicate and stay connected with those in the most advanced stages of the disease.

Kelley graduated from the University of Denver, June 4, 2016, with a B.A. in Communications – Dementia Concentration, and will attend Regis University this fall to pursue a specialized Master's degree in Dementia Communications.

She is certified through the University of Tasmania, AU and University of Derby, UK in Dementia studies; a Personal Historian certified through University of Southern California's "Guided Autobiography" approach. Kelley completed her National Council of Certified Dementia Practitioners (NCCDP) and is currently studying for the National Certification Board for Alzheimer's Care (NCBAC) Trainer certification.

The Dementia Connection Coalition is a not-for-profit organization made up of people with one or more of the 110 types of dementia, their loved ones, and care & service providers. All members work together to ensure that the needs and voices of these individuals are met & heard through Best-Practice & Patient Centered care approaches. Providing education and advocacy for all dementia types to raise the standards of care and lower the stigma associated with this disease throughout the community, is the number one priority.

Kelley Horton is currently a member of Colorado Senior Lobby, Arapahoe County Adult Protective Services, Colorado Intervention Team Association (CITA), and both Arapahoe & Jefferson County Council's on Aging.

Kip Bishop: Has a background in sales and marketing leadership/strategic planning/start-ups/growth strategies/ profit & loss responsibilities/ operations/organizational systems. Kip is currently owner/president of Senior Mortgage Solutions, Inc. This is a company specializing in reverse mortgages. He has been fortunate to experience all facets of corporate management, and excels in the area of sales and marketing. Kip has been directly responsible for the development of business-to-business sales to Fortune 1500 companies, creating highly successful marketing programs in the financial services industry and implementing promotional sale strategies in the grocery and airline industries.

Senator Pat Steadman: has served as the state senator for District 31 since 2009. He was previously employed as a lawyer-lobbyist, a profession he discovered through his many years of political activism on LGBT and other progressive issues. Sen. Steadman is completing his 6th and final year on the Joint Budget Committee as term limits prevent him from seeking re-election. His legislative accomplishments have been many, from civil unions to syringe exchange and more, and he has been honored with many awards. In 2013 he was honored at the White House with the Harvey Milk Champion of Change award.

Senator John Kefalas: Currently completing his first term representing the people of Senate District 14, Senator John Kefalas is the ranking member of the Local Government Committee. He also serves on the Capital Development Committee and the Health Insurance Exchange Oversight Committee in addition to various other legislative advisory committees. In previous sessions, he served on the Health and Human Services and Business, Labor and Technology Committees. Senator Kefalas served three terms as the state representative of House District 52. A dedicated citizen legislator, John strongly believes in creating opportunities for meaningful civic engagement and deliberative democracy. He has conducted about 180 town hall meetings, issues forums and community conversations since being first elected to public office.

John has championed bringing people together around common-ground and bipartisan solutions to help middle-class and lower-income working Coloradans – building an economy that serves the people with a focus on shared prosperity. He has won numerous awards for his legislative efforts, while passing laws to help create jobs; expand economic opportunities; address poverty; reduce taxes for working Coloradans and small businesses; protect consumers, seniors and children; advance the dignity of persons with disabilities; promote renewable energy and efficiency; advance quality child care and education; and lower costs while increasing value in our health care systems.

Senator Beth Martinez Humenik represents Colorado Senate District 24 in Adams County and is currently serving in the second year of her first term in the Colorado General Assembly. The Senator is a fourth generation Coloradan who grew up in Fort Collins. She is a former proprietary college Adjunct Instructor and K-12 substitute teacher who also has industry experience in a variety of other fields, as well as a long history of educators in her family. Senator Martinez Humenik is a dedicated leader, who listens, is thoughtful and is a strong advocate for District 24 as well as for all citizens in Colorado. She has lived in the City of Thornton since 1997 where she served as a Ward III City Council member from 2007-2014. She received both a Bachelor and Master of Science degrees from Colorado State University. Senator Martinez Humenik is actively involved with municipal leaders, the business community and residents in Thornton, Northglenn and Westminster, the three cities represented in Senate District 24. She is also engaged with the Commissioners/Departments in Adams County, Federal Offices/Agencies, State Offices/Agencies, other State Legislators and the Colorado Congressional Delegation in Washington, DC.

She serves on the Senate Health & Human Services; Local Government; Joint Technology Committee, as Vice Chair; Health Exchange Legislative Oversight Committee; Mental Illness in the Juvenile & Criminal Justice System, Past Chair; Cancer Cardiovascular & Pulmonary Disease Grants Oversight Committee; Health Equity Grants Oversight Commission; Cancer Caucus, as Co-Chair; Council of State Governments West, Health and Human Services Policy Committee and CSG West Canada Relations Policy Committee; Early Childhood School Readiness Legislative Oversight Committee, Past Chair; National Conference of State Legislators, Health and Human Services Policy Committee; National Association of Latino Elected and Appointed Officials, Member; National Hispanic Caucus of State Legislators, Executive Committee Member and Women in Government, as a State Director.

Contact her at: 303-866-4863 beth.martinezhumenik.senate@state.co.us Mail: State Capitol Building, 200 E. Colfax Avenue, Denver, CO 80203

Representative Don Coram: I am honored to represent the citizens of our district in the Colorado House of Representatives. District 58 is truly one of the most diverse areas in the entire state. It covers all of Dolores, Montezuma, Montrose, and San Miguel counties. This district incorporates all that makes Colorado special. There is a mix of the majestic San Juan mountain range, to the incomparable high desert, to the many rivers and streams that feed the strong agricultural base in the valleys. There is mining, ranching, tourism, recreation, industry, and local businesses at all levels that support the strong economic values our communities provide.

During this session, I am serving as a member of the House Agriculture, Livestock, and Natural Resources committee and the House Transportation and Energy Committee. I welcome your comments, suggestions, and questions, because your communication is essential to maintaining and creating a better Colorado.

Representative Jessie Danielson: State Representative Jessie Danielson represents House District 24, which includes Wheat Ridge, Golden, and Edgewater. In her first term she passed the CARE act, allowing patients to check in to a hospital with a caregiver, a critical step in assuring better at-home care. She also passed a bill to fight elder abuse. She serves on the Colorado Commission on Aging and will continue to work for the rights of Older Coloradans.

Prioritizing water conservation, Danielson passed a bill to legalize rain barrels. Danielson also led the fight for equal pay for equal work. Other issues Danielson focused on in her first term included workers' rights, care for victims of sexual assault on college campuses, services for disabled Coloradans, jobs for veterans and more.

Rep. Danielson is a former Colorado state director for America Votes. She also served as Political Director for NARAL Pro-Choice Colorado, and worked as the Housing Coordinator for an Independent Living Center. Rep. Danielson grew up on her family farm near Ault in Weld County, and went on to earn a bachelor's degree from the University of Colorado at Boulder. She and her husband, Andy, live in Wheat Ridge.

Representative Joann Ginal: A bio-scientist, healthcare professional, community leader and longtime Fort Collins resident, Dr. Joann Ginal finished her second term representing House District 52, which covers eastern Fort Collins. She is the Vice Chairwoman of the Health, Insurance & Environment Committee and sits on the Public Health Care & Human Services and the Agriculture, Livestock & Natural Resources Committees. She looks forward to a successful campaign for a third term in the Colorado House.

Rep. Ginal is also a champion for patients' rights. She is sponsoring the Death With Dignity Act, which would allow the terminally ill to choose to end their lives rather than continue to suffer with an irreversible and incurable illness that, in the opinion of two doctors, will cause death within six months. She also passed a law to allow terminally ill patients to use investigational drugs, prior to FDA approval. She introduced a 2016 bill to examine the high cost of prescription drugs, "The Drug Transparency Act 2016". The bill would help to determine why the costs of prescription drugs are increasing to a point where patients cannot afford to buy them. This increase in prescription medications has a profound effect on Seniors.

Rep Ginal is running for re-election for a third term representing the citizens of Fort Collins, her website is joannginal.com

Representative Lois Landgraf: Before moving to Colorado in 2002, Lois lived in Seattle, Washington where she worked at the University of Washington's School of Medicine. While there she played an integral role in starting the Cardiovascular Health Research Unit. Lois has her MBA from the University of Washington and a Bachelor of Science degree from the University of Maryland. She and her husband, Jim, who is retired from the Army, have 5 children and 5 grandkids.

While in Germany Lois worked with the German Jugendamt to establish a Foster Care program for the children of Americans living in Europe. After moving to Colorado she became active in the political arena holding offices within the County GOP, serving on the City of Fountain's economic development committee and on City Council. In between she has held many civic positions including Coordinator of the Red Cross Program in a US Army community of 10,000, zoo volunteer, PTA treasurer and 4-H leader. In 2012 she was elected to the Colorado State House of Representatives. She considers serving the people of Colorado and especially House District 21 to be an extreme honor.

Nuts & Bolts of Influencing Legislation

INFLUENCING LEGISLATION BY CONTACTING LEGISLATORS

By David Barclay

A WHO TO TALK TO WHEN YOU CAN'T MEET WITH THEM ALL

- 1 Your friends in the legislature, first.
- 2 Your own legislator, second.
- 3 The committee(s) that is handling the bill, third and fourth.
- 4 The kingpins for your issue, third and fourth.

B MEETING WITH LEGISLATORS

- 1 The most effective way to meet with a legislator (with the most effective listed first).
 - a Meet with legislator at his or her home.
 - b Phone calls to his or her home.
 - c Meet with the legislator at the statehouse.
 - d Phone calls to the statehouse.
- 2 Contacts of little or no value.
 - a Form letters.
 - b Form emails.

C WHEN TO MEET WITH LEGISLATORS

- 1 Don't contact your legislator only when you want action.
 - a Meet with during interim.
 - b For lunch or coffee.
 - c Get acquainted socially, if possible.
- 2 Compliment when appropriate.

D COORDINATING YOUR CONTACT EFFORTS

- 1 Don't duplicate. Know what other members of your legislative advocate network are doing. Coordinate your efforts and divide up what needs to get done.
- 2 Send copies of your legislative correspondence to your coalition's legislative coordinator, and to the secretary. Report all contacts with legislators and what transpired.

E FOLLOWING BILLS WITHOUT BOTHERING LEGISLATORS

Call the Colorado Senior Lobby. Alternatively: Go to coloradoseniorlobby.org. Under the heading "Get Involved" click on BILL SHEET.

RULES FOR CONTACTING LEGISLATORS

- A **BE PRACTICAL:** Find out what can realistically be accomplished.
- B **BE AS BRIEF AND CONCISE AS POSSIBLE IN PRESENTING YOUR CASE.**
- C **LEAVE BEHIND A ONE-PAGE OUTLINE SUMMARY** of your position (also leave one with the administrative assistant).
- D **DO NOT THREATEN** with political or voter retaliation.
- F **FOLLOW UP YOUR VISIT** with a letter to the legislator.

**Join Special Guest
Former Colorado Governor Roy R. Romer
at Colorado Senior Lobby's Summer Social**

**Colorado Senior Lobby's
2016 Summer Social**

When: Saturday, August 20, 2016 – 8:30AM – Noon

**Where: Covenant Village of Colorado – Smith Fellowship Hall
9151 Yarrow St, Westminster, Colorado 80021**

Covenant Village of Colorado is located west of Wadsworth & W 92nd Avenue



**All ages welcome! Bring a friend!
There is plenty of free parking.**

*8:30 to 9:30AM is socializing
and continental breakfast.
If that is too early for you, plan
on coming when the event
program starts at 9:30AM.*

*Colorado Senior Lobby
gives you quick access to news
about issues impacting Colorado
seniors. Through our Monday
morning legislative sessions, our
newsletters, and our network we
give you a shortcut on who to
contact so your Colorado
Legislators can hear your voice.*

Our event program is scheduled as follows:

- ◆ **8:30AM to 9:30AM - Socializing & Continental Breakfast**
- ◆ **9:30AM to 11:00AM - Panel & Interactive Discussion** with **Colorado Legislators** will offer what they have done to help the aging population and the challenges they see ahead. Interactive discussion will occur to provide feedback from the attendees on what they see as challenges and need help with.
- ◆ **11:00AM to 11:30AM - CSL Serving our Seniors Award Winners** We will be honoring 6 legislators: Senators Kefalas & Martinez Humenik and Representatives Coram, Danielson, Ginal and Landgraf. We will also present a lifetime achievement award to Senator Pat Steadman.
- ◆ **11:30AM to Noon - Review of the Colorado Senior Lobby's Senior Survey, audience Q&A and discussion of senior issues.** *Note that the Colorado Senior Lobby business meeting will be from Noon to 12:30PM – everyone is welcome to stay!*



Get connected with Colorado Senior Lobby
◆ Attend the Summer Social ◆ Join Today ◆
www.ColoradoSeniorLobby.org

Thank you Covenant Village of Colorado for hosting our
2016 Summer Social! www.CovenantColorado.org

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Colorado Senior Lobby
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Denver, CO 80250-2662

*The ultimate folly is to think that
something crucial to your welfare is being taken
care of for you.*
—Robert Brault, American operatic tenor

“Healthy citizens are the
greatest asset any
country can have.”
— Winston Churchill

Go Green:

Recycle This Newsletter!

After you've enjoyed our newsletter,
please recycle it by passing it along
to a family member, friend, neighbor
or coworker.

Colorado Senior Lobby — Nonprofit, non-partisan, volunteer organization

MEMBERSHIP: Single \$30 Family \$40 Organization \$75 \$ _____

Organizations: Attach three names and contact information

Additional contribution to support our vision for seniors' quality of life \$ _____

Total (This payment is not tax deductible) \$ _____

Name/Business/Organization: _____

Address: Street _____

City _____ State _____ Zip Code _____

Phone: Home _____ Business _____

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Circle one: **BILL ME** or **CHECK ENCLOSED** — payable Colorado Senior Lobby

P. O. Box 102662, Denver, CO 80250-2662 DATE: _____

Newsletter by **EMAIL** or **SNAIL MAIL**

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